

~Catherine Courage~

2012 NIFPA Ballet and Modern Adjudicator



Catherine Courage has been teaching, performing and choreographing for 17 plus years. A strong mentor for her students, she has been the head of the modern program at Free House Dance Plus in Calgary for the last 6 years. Always looking for the artist within, Catherine leads her students into new realms of discovery with every class and workshop. A strong member in the dance community, she is respected for her approach to training and discovering new talents in her students.

A seasoned performer, Catherine has travelled across Canada and the United States performing and working with different companies and choreographers. Some of these include: the Blue Collar Dance Company, William Young Dance Company, CORPUS, Tanglewood Family Entertainment, Calvert Dance Projects, Davida Monk, Tina Guthrie, Kyrsten Blair, and the Newton Moraes Dance Company.

As a choreographer, Catherine has created new works for Alberta Dance Explosions (The Awakening), Free House Dance Plus (A Christmas Tale), St. Mary's University/College (The Tempest, Mid Summer's Night Dream), The University of Calgary (LaRonde), and has been an assistant choreographer and dance captain for Blue Collar Dance Company (The Paper Bag Princess, Dawson the Musical).

Always looking and searching for artistry and excellence in all facets of her life, Catherine continues to train, observe and instill a love of dance both within herself and her students.

